

Backpacking Personal Gear

Scout Basic Essentials:

	Pocketknife
	Water Bottle(s) or camelback (2 liters minimum)
	Flashlight & extra matching batteries
	Matches and Fire Starters (in ziploc or water-tight container)
	Sun Protection (hat or sunglasses)
	Map and compass
	Boy Scout Handbook (not always necessary on every trip)
	First-Aid Kit (personal kit including mole-skin)
	Extra Clothing (please see below)
	Rain Gear (rain coat, rain pants & pack cover)
	Trail Food

Personal Camping Gear:

	Clothing:
	Scout Uniform Shirt, shorts/pants, socks (For drive, not for hiking)
	Extra Pair(s) of wool or synthetic hiking socks (No cotton)
	Extra Pair(s) of underwear
	1-2 Pairs long pants (Avoid cotton/blue jeans) - per weather
	Extra Short sleeve shirt(s) (Avoid cotton)
	1 Longsleeve shirt (Avoid cotton) - per weather
	Footwear (Must be closed-toe. Tennis shoes or light hikers. NO NEW SHOES/BOOTS)
	Camp shoes - Crocks, Sanuks, or like. (Must be closed toes - no sandals)
	Light jacket (No cotton or jean jackets)
	Warm toboggan or beanie
	Personal Camping Gear:
	Back packing pack (At least 3000 cubic inches/50 liters with well fitting, padded hip belt)
	Sleeping Gear:
	Sleeping Bag (min 30 degree rating preferred, synthetic or down fill)
	Sleeping Pad
	Eating Kit:
	Spoon
	Plate/Bowl
	Cup
	Personal Cleanup Kit:
	Soap
	Toothbrush/Toothpaste/Floss
	Comb/brush
	Small Towel
	Optional Personal Items: (Option based on weight)
	Watch
	Camera
	Small Notebook
	Pencil/Pen
	Personal Folding Chair
	(Other gear as applicable)

Backpacking Patrol/Troop Gear

Camping:

- Tents, Ground cloths, Stakes - or - hammock gear with fly**
- Cook Kit**
 - Stove and Fuel (One stove per patrol)
 - Matches and Fire Starters (store in ziplock plastic bag or waterproof case)
 - Pots/Pans (One large pot and/or kettle per patrol)
- Cleanup Kit (1 per patrol)**
 - Small bottle of hand sanitizer
 - Biodegradable Soap
 - Trash Can Liners
 - Toilet Paper
- First Aid Kit (1 Per Troop)**
 - Bandages, Bandaids, Ointment
 - CPR equip, gloves, tweezers
 - Space blanket, SAM splint
 - Thread, Needles, Safety Pins
- Extras**
 - Hot Pot Tongs/Gloves
 - Water Containers
 - Water-Treatment Filter/Tabs (One water pump or box of tablets per patrol)
 - Spade
 - Worship Kit
- Food** Either individual or shared with a partner or Patrol
 - Cold Lunches (Ex: Can of tuna, sleeve of crackers, 3 string cheese)
 - Dinner (Ex: Bag of ramen noodles or dry soup mix) - patrol dinners
 - Breakfast (Ex: 2 bags of instant oatmeal)
 - Snacks (Ex: Bag of trail mix or dried fruit) No candy
 - Extra energy bars

(Avoid food in individual packages. No cardboard and ridged boxes)